

Woodbury Healthcare Center Recreation Therapy/ Wellness Calendar 2017 *June*

Television Policy: We ask that all resident room TV's be turned off at 10:30 p.m. If you wish to watch TV later than that, you may come out to one of the dayrooms. **Integrative Therapies Referral # 287-6521** (please leave a message for Amy or Rachel). Calendar is subject to change.

KEY: TCU (1st Fl), SK (skyway), 2S (south), 2N (north), 2W (West), L (lobby) , 301/325 (3rd floor quiet rooms), 3S (south), 3N (north), 3W (west)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>**NOTE: Wellness Calendar is subject to change. Weekly calendars are printed and distributed on Saturday each week. If there are changes after printing, we will post signs with the changes.</p> <p>Family/Friends: Please feel free to join in.</p>				<p>1 "Rain day make up planting if need" 8:00 Table talks dining 8:00 Walk to dine 2 8:30 Coffee & Crafts RT Office 9:15 Worship Service skyway 10:15 The Good Old Days 3S 11:00 1:1 Programming 3 11:30 Wellness Fitness Class 2N/W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk/Roll to dine Music skyway 1:00 Relaxation 3 Lobby 2:15 Current Events 2N 2:15 Wellness Exercise 3N 2:15 Snack & Social 2 3:00 Coffee & Cookie Social 3N 3:45 Jug Band Practice or Sing your Heart Out 2N 4:00 Magazines, Music & More Unit 3 4:30 Music and Memories 3L 5:00 Music and Memories 5:15 Walk/Roll to dine 2 5:30 Music and Memories 3S 5:45 One to One Resident Interventions Res Rms 2 6:00 Table talks dining 3 7:00 Harp Music Lobby 7:00 Bingo 2W 7:30 Sensory books 3 8:00 Music & magazine 3 **Eye Glass cleaning with Karen TBA ***Bio Step rides throughout the day 2W</p>	<p>2 8:00 Table talks dining 8:00 Walk to dine 2 9:00 Relaxation with Care channel units 9:30 Art of the Soul Watercolor class skyway 10:45 Hand Massage and Manicures TCU 10:45 Aroma Therapy/ Spa/Manicures 2N 10:45 3rd floor outing scenic Drive 11:15 1:1 Sensory Interventions 3 11:30 Well fit Exercise Class 2S 12:15 Walk/Roll to dine 12:45 Memory Walks 3 1:30 Relaxation Music and sensory kits 3 2:00 Gardening Club Front and back gardens 2:00 Friday Afternoon Movie Matinee and Popcorn 3N 2:15 Snack & Social 2 2:30 Friday Afternoon Movie Matinee TCU 3:00 Music & Relaxation 2 3:30 Housekeeping Helpers 3N 3:30 Volunteering: New Res Gift Assembly SK 3:30 Leisure Rounds Tcu 3:45 One to One Resident Interventions. 2 4:00 Magazines, Music & More 3 5:15 Walk/Roll to dine 2 6:00 Table talks dining 3 7:00 Independent Cards and Games. See RT for resident lists. 2N 7:00 Relaxation Music 3 7:30 Sensory books 3 8:00 Music & magazine 3</p>	<p>3 8:00 Table talks dining 3 8:00 Walk to dine 2 9:30 Sensory books, and music 3 10:00 Active Games 3N 10:00 Yoga/ Movement and breathing 2N 10:45 Trivia Teasers or Brain Aerobics 3N 11:00 Walks & talks 3 11:00 Chess Club 2 11:15 Fancy Fingers @ 11:15 1:1 Interventions Res choice 3 11:15 Sensory books, stations and music 3 11:30 Aroma Therapy, Spa/Manicures 2 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk/Roll to dine 1:30 Bingo 2W 1:30 Karaoke 3N 2:00 Karaoke 3W 2:15 Snack & Social 2 2:30 Brain Aerobics 3N 3:15 Trivia/Games 2 3:30 Coffee Social 3W 4:30 Short stories 3 5:15 Walk/Roll to dine 2 6:00 Lawrence Welk C17 7:00 Relaxation Music 3 7:00 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 7:30 Sensory books, stations and music 3 8:00 Walks/talks</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 8:00 Table talks dining 3 8:00 Walk to dine 2 9:15 Sunday Worship Service skyway 10:15 Music & Manicures 3N 10:15 Morning Stretch and Exercise 2N 11:00 Fancy Fingers N 11:00 Walks & talks 3 11:15 1:1 Room Visits Res Rms 3 12:00 One to One sensory and room visits Res Rms 12:15 Walk & Roll to dine 2 1:30 Active Games 3N 1:30 Scrabble 2N 2:00 Active Games 3W 2:15 Snack & Social 2 2:30 Cognitive Games 3W 2:45 One to One interventions or res Choice 2 3:00 Coffee Social 3N 3:45 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 5:15 Walk/Roll to dine 2 6:00 Table Talks dining 6:45 Cards Games/500 2N 7:00 Lobby Relaxation Music lobby 3 7:30 Sensory books 3 8:0p Music & magazine 3 ***Bio Step rides	5 8:00 Table talks dining 3 8:00 Walk to dine 2 9:15 RT Leisure Rounds TCU 9:30 Special Service Set 3W 9:45 Reminisce Video 3W 10:00 Special Service Set 3S 10:00 Creative Arts 2N 10:30 Mens Group 3 11:00 Walks & talks 3 11:15 Silvertone Bell Choir Practice 2N 12:00 Relaxation with Care Channel before lunch lobby/2W 12:15 Walk & Roll to dine 2 12:30 Skyway Piano lunch music SK 12:45 1:1 Therapeutic Interventions 3 2:00 Afternoon Entertainment with Vinnie Rose skyway 2:15 Snack & Social 2 3:00 Music Therapy 3N 4:00 Magazines, Music & More (unit) 4:30 Crosswords 3L 5:00 Crosswords 3N 5:15 Walk/Roll to dine 2 5:30 Crosswords 3N 6:00 Table Talks dining 7:00 500 Card Club 2N 7:00 Harp Relaxation Music Lobby 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	6 8:00 Table talks dining 3 8:00 Walk to dine 2 8:30 Coffee & Crafts RT 9:00-11:00 Morning walks, breathing and relaxation in the healing gardens! 11:00 Prayer Group 2N 11:00 Walks & talks 3 11:00 Music Therapy Focus Group (325) 11:30 ORDER INN LUNCH skyway 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 1:45 Quilting/blanket sewing, Community Service Project. 2N 2:15 Wellness Exercise Class 3N 2:15 Snack & Social 2 2:30 Cribbage Club TBA 3:00 Hymn Sing 3N 3:30 Wellness Exercise Class 2W 3:45 Mens Group or small Cognitive Grp 2N 4:00 Sensory, Magazines, Music & More unit 3 4:30 Music Pictionary 3L 5:00 Music Pictionary 3W 5:15 Walk/Roll to dine 2 5:30 Music Pictionary 3S 5:45 One to One res room interventions. Rooms 6:00 Table Talks dining 7:00 Harp Relaxation Music Lobby 7:00 Tuesday Night at the Movies (popcorn) 2N 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	7 8:00 Table talks dining 3 8:00 Walk to dine 2 8:30 Coffee & Crafts RT office 9:15 Catholic Service skyway 10:15 Book Club 2N 10:15 Music Scramble 3S 11:00 Biostep Rides RT 3 11:30 Music Therapy Focus Group 2N 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 12:30 Skyway Music with Music Therapy skyway 12:45 1:1 Visits 3 2:00 Resident Council 2N 2:15 Wellness Exercise Class 3N 2:15 Snack & Social 2 2:30 Google Group 2N 3:00 Music Therapy Group 3N 3:30 Living Well Dying Well 2N 3:45 Leisure Rounds TCU 4:00 Magazines, Music & More Unit 3 4:30 Music Pictionary 3L 5:00 Give Me Five 3W 5:15 Walk/Roll to dine 2 5:30 Give Me Five 3S 6:00 Table Talks dining 7:00 Games and Card Night. Different Tables different cards/games 2N 7:00 Relaxation 3L 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	8 8:00 Table talks dining 3 8:00 Walk to dine 2 8:30 Coffee & Crafts RT Office 9:15 Worship Service skyway 10:15 Music Dice 3S 11:00 Walks & talks 3 11:00 1:1 Programming 3 11:30 Wellness Fitness Class 2N/W 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 12:30 Skyway Lunch Music skyway 1:00 Relaxation 3 Lobby 2:15 Wellness Exercise Class 3N 2:15 Current Events 2N 2:15 Snack & Social 2 3:00 Coffee & Cookie Social 3N 3:45 Jug Band Practice or Sing your Heart Out 2N 4:00 Magazines, Music & More Unit 3 4:30 Music and Memories 3L 5:00 Music and Memories 5:15 Walk/Roll to dine 2 5:30 Music and Memories 3S 5:45 One to One Resident Interventions Res Rms 2 6:00 Table Talks dining 7:00 Harp Music 3L 7:00 Bingo 2W 7:30 Sensory books 3 8:00 Music & magazine 3 **Eye Glass cleaning with Karen TBA ***Bio Step rides throughout the day 2W	9 8:00 Table talks dining 3 8:00 Walk to dine 2 9:00 Relaxation with Care channel units 2 9:30 Art of the Soul Watercolor class skyway 9:30 Lobby Music (Guitar, Piano, Base) 3L 10:30 Arts & Crafts 3N 10:45 Hand Massage and Manicures TCU 10:45 Aroma Therapy/Spa/Manicures 2N 11:00 Walks & talks 3 11:15 1:1 Sensory Interventions 3 11:30 Mens group 2 12:15 Walk & Roll to dine 2 12:45 Memory Walks 3 1:30 Relaxation Music and sensory kits unit 3 2:00 Friday Afternoon Movie Matinee and Popcorn 3N 2:15 Snack & Social 2 2:30 Friday Afternoon Movie Matinee TCU 3:30 Leisure Rounds TCU 3:30 Housekeeping Helpers 3N 3:30 Volunteering: New Res Gift Assembly SK 3:30 Leisure Rounds TCU 3:45 One to One Resident Interventions. 2 4:00 Walks & Talks 3 5:15 Walk/Roll to dine 2 6:00 Table Talks dining 7:00 Relaxation music 3 7:00 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 7:30 Sensory books 3 8:00 Walks/talks 3 ***Bio Step rides	10 8:00 Table talks dining 3 8:00 Walk to dine 2 9:00 Pet Therapy TCU 9:30 Pet Therapy 2 9:30 Sensory books, and music 3 10:00 Pet Therapy 3 10:00 Yoga/ Movement and breathing 2N 10:00 Active Games 3N 10:45 Trivia Teasers or Brain Aerobics 3N 11:00 Chess Club 2N 11:15 Fancy Fingers 2 11:00 Walks & talks 3 11:15 1:1 Interventions Res choice 3 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 1:30 Karaoke 3N 1:30 Bingo 2W 2:00 Karaoke 3W 2:15 Snack & Social 2 2:30 Shake Loose a Memory or Down Memory Lane 3N 3:15 Trivia/Games 2 3:30 Coffee Social 3W 4:00 Walks & talks 3 4:30 Short stories 3 5:15 Walk/Roll to dine 2 6:00 Lawrence Welk C17 6:00 Table Talks dining 7:00 Relaxation Music 3 7:00 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 7:30 Sensory books, stations and music 3 8:00 Walks/talks 3

11 8:00 Table talks dining 8:00 Walk to dine 2 9:15 Sunday Worship Service skyway 10:15 Music & Manicures 3N 10:15 Morning Stretch and Exercise 2N 11:00 Walks & talks 3 11:00 Fancy Fingers 2N 11:15 1:1 Room Visits Res Rms 3 12:00 One to One sensory and room visits Res Rms 2 12:15 Walk & Roll to dine 2 1:30 Music Balloon Toss 3N 1:30 Karaoke 2N 2:00 Active Games 3W 2:15 Snack & Social 2 2:30 Trivia Teasers 3W 2:45 One to One interventions or res Choice 2 3:00 Short Stories 3N 3:45 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 4:00 Question Ball W 6:00 Table Talks dining 5:15 Walk/Roll to dine 2 6:45 Cards Games/500 2N 7:00 Lobby Relaxation Music 3L 7:30 Sensory books 3 8:0p Music & magazine 3 ***Bio Step rides	12 8:00 Table talks dining 8:00 Walk to dine 2 9:15 RT Leisure Rounds TCU 9:30 Special Service Set 3W 9: 45 Reminisce Video 3W 10:00 Special Service Set 3S 10:00 Creative Arts 2N 10:30 Mens Group 3 11:15 Silverstone Bell Choir Practice 2N 12:00 Relaxation with Care Channel before lunch lobby/2W 12:15 Walk & Roll to dine 2 12:30 Skyway Piano lunch music SK 12:45 1:1 Therapeutic Interventions 3 2:15 Wellness Exercise Class 3N 2:15 Snack & Social 2 2:30 Music and 2 Movement Well fit class 3:00 Music Therapy 3N 3:45 Cognitive or Social Group 2N 4:00 Magazines, Music & More unit 3 4:30 Give me Five 3L 5:00 Give me Five 3W 5:15 Walk/Roll to dine 2 5:30 Give me Five 3S 6:00 Table Talks dining 7:00 500 Card Club 2N 7:00 Harp Relaxation Music Lobby3 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	13 8:00 Table talks dining 8:00 Walk to dine 2 8:30 Coffee & Crafts RT office 9:00-11:00 Morning walks, breathing and relaxation in the healing gardens! 11:00 Walks & talks 3 11:00 Prayer Group 2N 11:15 1:1 Sensory Interventions Res choice 11:30 ORDER INN LUNCH skyway 12:00 Polka Spotlight 2W 12:15 Walk & Roll to dine 2 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 1:45 Quilting/blanket sewing. Community Service Project. 2N 2:30 Cribbage Club TBA 2:15 Wellness Exercise 3 2:15 Snack & Social 2 3:00 Hymn Sing 3N 3:30 Wellness Exercise Class 2W 3:45 Mens Group or small Cognitive Grp 2N 4:00 Magazines, Music & More (unit) 4:30 Crossword Puzzle L 5:00 Crossword Puzzle 3 5:15 Walk/Roll to dine 2 5:30 Crossword Puzzle 3S 5:45 One to One res room interventions. Rooms 6:00 Table Talks dining 7:00 Harp Relaxation Music Lobby3 7:00Tuesday Night at the Movies (popcorn) 2N 7:30 Sensory books 3 8:0p Music & magazine 3 ***Bio Step rides throughout the day	14 8:00 Table talks dining 8:00 Walk to dine 2 8:30 Coffee & Crafts RT office3 9-11 RT Staff in CPR 11:00 Walks & talks 3 11:30 Silvertone Bell Choir Practice 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 12:30 Skyway Music with Music Therapy skyway 12:45 1:1 Interventions 3 2:00 Resident Council 2N 2:15 WellnessExercise 3N 2:15 Snack & Social 2 2:30 Google Group 2N 3:00 Music Therapy Group 3N 3:30 Living Well Dying Well 2N 3:45 Leisure Rounds TCU 4:00 Magazines, Music & More Unit3 4:30 Music Pictionary 3L 5:00 Music Song Writing 3W 5:15 Walk/Roll to dine 2 5:30 Music Song Writing 3S 6:00 Table Talks dining 7:00 Games and Card Night. Different Tables different cards/games 2N 7:00 Relaxation Music 3 7:30 Sensory books 3 8:0p Music & magazine 3 ***Bio Step rides throughout the day 2W	15 8:00 Table talks dining 8:00 Walk to dine 2 8:30 Coffee & Crafts RT Office3 9:15 Worship Service SK 10:15 Piano Music 3S 11:00 1:1 Programming 3 11:00 Walks & talks 3 11:30 Wellness Fitness Class 2N/W 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 12:30 Skyway Lunch Music skyway 1:00 Relaxation 3 Lobby 1:30-3:00 FUNDRAISER Res Council TBA 2:15Wellness Exercise Class 3N 2:15 Current Events 2N 2:15 Snack & Social 2 3:00 Coffee & Cookie Social 3N 3:45 Jug Band Practice or Sing your Heart Out 2N 4:00 Magazines, Music & More Unit3 4:30 Musical Hangman 3 5:00 Musical Hangman 3W 5:15 Walk/Roll to dine 2 5:30 Musical Hangman 3S 5:45 One to One Resident Interventions Res Rms 2 7:00 Harp Music 3L 7:00 Bingo 2W 7:30 Sensory books 3 8:0p Music & magazine 3 **Eye Glass cleaning with Karen TBA ***Bio Step rides throughout the day 2W	16 8:00 Table talks dining 8:00 Walk to dine 2 9:00 Relaxation with Care channel units2 9:15 RT Leisure Rounds TCU 9:30 Rosary 3W 9:30 Well Fit Exercise Class 2W/N 9:30 Balloon Volleyball 3 10:30 Arts & Crafts 3N 10:45 Hand Massage and Manicures TCU 10:45 Aroma Therapy/ Spa/Manicures 2N 11:00 Walks & talks 3 11:15 1:1 Sensory Interventions 3 11:15 1:1 Sensory Interventions 3 11:30 Mens group 2 12:00 Biostep Rides 3 12:15 Walk & Roll to dine 2 12:45 Memory Walks 3 1:30 Relaxation Music and sensory kits unit3 2:00 Friday Afternoon Movie Matinee and Popcorn 3N 2:15 Snack & Social 2 2:30 Friday Afternoon Movie Matinee TCU 3:30 Housekeeping Helpers 3N 3:30 Volunteering: New Resident Gift Assembly SK 3:30 Leisure Rounds Tcu 3:45 One to One Resident Interventions. 2 4:00 Magazines, Music & More 3 5:15 Walk/Roll to dine 2 6:00 Table talks dining 3 7:00 Independent Cards and Games. See RT for resident lists. 2N 7:00 Relaxation Music 3 7:30 Sensory books 3 8:0p Music & magazine 3 ***Bio Step rides throughout the day 2W	17 8:00 Table talks dining 3 8:00 Walk to dine 2 9:30 Sensory books, and music 3 10:00 Active Games 3N 10:00 Yoga/ Movement and breathing 2N 10:45 Trivia Teasers or Brain Aerobics 3N 11:00 Walks & talks 3 11:00 Chess Club 2N 11:15 Fancy Fingers 2 11:15 1:1 Interventions Res choice 3 11:15 Sensory books, stations and music 3 11:30 Aroma Therapy, Spa/Manicures 2 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 1:30 Bingo 2W 1:30 Karaoke 3N 2:00 Karaoke 3W 2:15 Snack & Social 2 2:30 Brain Aerobics 3N 3:15 Trivia/Games 2 3:30 Coffee Social 3W 5:15 Walk/Roll to dine 2 4:30 Short stories 3 6:00 Lawrence Welk C17 7:00 Relaxation Music 3 7:00 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 7:30 Sensory books, stations and music 3 8:00 Walks/talks 3
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18th HAPPY Father's Day! 8:00 Table talks dining 8:00 Walk to dine 2 9:15 Sunday Worship Service (SK) 10:15 Music & Manicures 3N 10:15 Morning Stretch and Exercise 2N 11:00 Fancy Fingers 2N 11:00 Walks & talks 3 11:15 1:1 Room Visits Res Rms 3 12:00 One to One sensory and room visits Res Rms 2 12:15 Walk & Roll to dine 2 1:30 Active Games 3N 1:30 Yahtzee, Skipbo or Uno 2N 2:00 Active Games 3W 2:15 Snack & Social 2 2:45 One to One interventions or res Choice 2 2:45 Trivia Teasers 3 3:30 Arts and Crafts 3W 3:45 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 4:15 Shake Loose a Memory 3N 6:00 Table Talks dining 5:15 Walk/Roll to dine 2 6:45 Cards Games/500 2N 7:00 Lobby Relaxation Music 3L 7:30 Sensory books 3 8:0p Music & magazine 3 ***Bio Step rides	19 8:00 Table talks dining 8:00 Walk to dine 2 9:15 RT Leisure Rounds TCU 9:30 Special Ser Set 3W 9:45 Sensory Video 3W 10:00 Special Service Set 3S 10:00 Baking Group 2N 10:30 Mens Group 3 11:00 Walks & talks 3 11:15 Silvertone Bell Choir Practice 2N 12:00 Relaxation with Care Channel before lunch lobby/2W 12:15 Walk & Roll to dine 2 12:30 Skyway Piano lunch music SK 12:45 1:1 Therapeutic Interventions 3 2:15 Father's Day Celebration . Day at the Horse Races Kentucky Derby skyway 2:15 Snack & Social 2 3:45 Cognitive or Social Group 2N 4:00 Magazines, Music & More unit 3 4:30 Monthly Trivia Lobby3 5:00 Current Month Trivia 3W 5:15 Walk/Roll to dine 2 5:30 Current Month Trivia 3S 6:00 Table Talks dining 7:00 Harp Relaxation Music Lobby3 7:00 500 Card Club 2N 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	20 8:00 Table talks dining 8:00 Walk to dine 2 8:30 Coffee & Crafts RT office 3 9:00-11:00 Morning walks, breathing and relaxation in the healing gardens! 11:00 Music Therapy Focus Group Rm 325 11:00 Prayer Group 2N 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 1:45 Quilting/blanket sewing. Community Service Project. 2N 2:15 Wellness Exercise Class 3N 2:15 Snack & Social 2 2:30 Cribbage Club TBA 3:00 Hymn Sing 3N 3:30 Wellness Exercise Class 2W 3:45 Mens Group or small Cognitive Grp 2N 4:00 Sensory, Magazines, Music & More unit 3 4:30 Give Me Five 3L 5:00 Give Me Five 3W 5:15 Walk/Roll to dine 2 5:30 Give Me Five 3S 5:45 One to One res room interventions. Rooms2 6:00 Table Talks dining 7:00 Harp Relaxation Music Lobby3 7:00 Tuesday Night at the Movies (popcorn) 2N 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	21 8:00 Table talks dining 8:00 Walk to dine 2 8:30 Coffee & Crafts RT office3 9:15 Catholic Service SK 10:00 Lets GO Fishing. Pontoon and Fishing trip down the St Croix River. 10: 15 Finish the Line 3S 11:00 Biostep Rides 3 11:30 Music Therapy Focus Group 2N 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 12:30 Skyway Music with Music Therapy skyway 12:45 1:1 Interventions Res choice3 2:15 Wellness Exercise 3N 2:15 Snack & Social 2 2:00 Music Hour 2N 3:00 Music Therapy Group 3N 3:30 Living Well Dying Well 2N 3:45 Leisure Rounds TCU 4:00 Magazines, Music & More Unit3 4:30 Trivia Teasers 3L 5:00 Trivia Teasers 3W 5:15 Walk/Roll to dine 2 5:30 Trivia Teasers 3S 6:00 Table Talks dining 7:00 Games and Card Night. Different Tables different cards/games 2N 7:00 Relaxation Music and sensory 3L 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	22 8:00 Table talks dining 8:00 Walk to dine 2 8:30 Coffee & Crafts RT Office3 9:15 Worship Service SK 10:15 Sewing Sensory 3S 11:00 Music Therapy Focus Group 3W 11:30 Wellness Fitness Class 2N/W 12:00 Polka Spotlight 2W 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 12:30 Skyway Lunch Music skyway 1:00 Relaxation 3 Lobby 1:30-3:00 FUNDRAISER Res Council TBA 2:15 Wellness Exercise Class 3N 2:15 Current Events 2N 2:15 Snack & Social 2 3:00 Coffee & Cookie Social 3N 3:45 Jug Band Practice or Sing your Heart Out 2N 4:00 Magazines, Music & More Unit 4:30 Name that Tune Lobby 5:00 Name That Tune 3W 5:15 Walk/Roll to dine 2 5:30 Name that Tune 3S 5:45 One to One Resident Interventions Res Rms 2 7:00 Harp Music 3L 7:00 Bingo 2W 7:30 Sensory books 3 8:00 Music & magazine 3 **Eye Glass cleaning with Karen TBA ***Bio Step rides throughout the day 2W	23 8:00 Table talks dining 8:00 Walk to dine 2 9:15 RT Leisure Rounds TCU 9:00 Relaxation with Care channel units 2 9:15 RT Leisure Rounds TCU 9:30 Rosary 3W 9:30 Well Fit Exercise Class 2W/N 9:30 Lobby Music (Guitar, Piano, Base) 3 10:30 Arts & Crafts 3N 10:45 Hand Massage and Manicures TCU 11:00 Garden club patio 11:00 Walks & talks 3 11:15 1:1 Sensory Interventions 3 11:30 Mens group 2 12:15 Walk & Roll to dine 2 12:45 Memory Walks Res choice 1:30 Relaxation Music and sensory kits 3 2:00 Afternoon Concert with Kelsey and Kia skyway 2:15 Snack & Social 2 3:30 Housekeeping Helpers 3N 3:30 Volunteering: New Resident Gift Assembly SK 3:30 Leisure Rounds Tcu 3:45 One to One Resident Interventions. 2 4:00 Magazines, Music & More 3 5:15 Walk/Roll to dine 2 6:00 Table talks dining 3 7:00 Independent Cards and Games. See RT for resident lists. 2N 7:00 Relaxation Music 3 7:30 Sensory books 3 8:00 Music & magazine 3 ***Bio Step rides throughout the day 2W	24 8:00 Table talks dining 8:00 Walk to dine 2 8:00 Table talks dining 9:30 Sensory books, stations and music 3 10:00 Active Games 3N 10:45 Trivia Teasers or Brain Aerobics 3N 10:00 Yoga/ Movement and breathing 2N 11:00 Chess Club 2N 11:00 Walks & talks 3 11:15 Fancy Fingers 2 11:15 1:1 Interventions Res choice 3 12:00 Relaxation Music before lunch w/ Care Channel lobby/2N 12:15 Walk & Roll to dine 2 1:30 Karaoke 3N 1:30 Bingo 2W 2:00 Karaoke 3W 2:15 Snack & Social 2 2:30 Shake Loose a Memory or Down Memory Lane 3N 3:15 Trivia/Games 2 3:30 Coffee Social 3W 4:00 Walks & talks 3 4:30 Short stories 3 5:15 Walk/Roll to dine 2 6:00 Lawrence Welk C17 6:00 Table talks dining 7:00 Relaxation Music 3 7:00 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2 7:30 Sensory books 8:00 Walks/talks 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>25</p> <p>8:00 Table talks dining</p> <p>8:00 Walk to dine 2</p> <p>9:15 Sunday Worship Service (SK)</p> <p>10:15 Music & Manicures 3N</p> <p>10:15 Morning Stretch and Exercise 2N</p> <p>11:00 One to One sensory and room visits Res Rms 2</p> <p>11:00 Fancy Fingers 2</p> <p>11:15 1:1 Room Visits Res Rms 3</p> <p>11:30 Walks/talks 3</p> <p>12:00 One to One sensory and room visits Res Rms 2</p> <p>12:15 Walk & Roll to dine 2</p> <p>1:30 Active Games 3N</p> <p>1:30 Brain Aerobics 2</p> <p>2:00 Active Games 3W</p> <p>2:15 Snack & Social 2</p> <p>2:45 One to One interventions or res Choice 2</p> <p>3:00 Brain Games 3N</p> <p>3:30 Sensory books, stations and music Unit 3</p> <p>3:45 Independent Cards and Games. Please see RT for list of resident's interested in getting together 2</p> <p>4:00 Short Stories 3W</p> <p>5:15 Walk/Roll to dine 2</p> <p>6:00 Table Talks dining</p> <p>6:45 Cards Games/500 2N</p> <p>7:00 Lobby Relaxation Music Lobby 3</p> <p>7:30 Sensory books 3</p> <p>8:00 Music & magazine 3</p> <p>***Bio Step rides</p>	<p>26</p> <p>8:00 Table talks dining</p> <p>8:00 Walk to dine 2</p> <p>9:15 RT Leisure Rounds TCU</p> <p>9:30 Special Service Set 3W</p> <p>9:45 Travel Video 3W</p> <p>10:00 Special Service Set 3S</p> <p>10:00 Creative Arts 2N</p> <p>10:30 Mens Group 3</p> <p>11:15 Silvertone Bell Choir Practice 2N</p> <p>12:00 Relaxation with Care Channel before lunch lobby/2W</p> <p>12:15 Walk & Roll to dine 2</p> <p>12:45 1:1 Therapeutic Interventions 3</p> <p>2:15 Wellness Exercise Class 3N</p> <p>2:15 Snack & Social 2</p> <p>2:30 Monthly Birthday Party and Social 2N</p> <p>3:30 Monthly Birthday Party and Social 2N</p> <p>4:30 Card Games 3L</p> <p>5:00 Card Games 3W</p> <p>5:15 Walk/Roll to dine 2</p> <p>5:30 Card Games 3S</p> <p>7:00 Harp Relaxation Music Lobby3</p> <p>6:00 Table Talks dining</p> <p>7:00 500 Card Club 2N</p> <p>7:30 Sensory books 3</p> <p>8:00 Music & magazine 3</p> <p>***Bio Step rides throughout the day 2W</p>	<p>27</p> <p>8:00 Table talks dining</p> <p>8:00 Walk to dine 2</p> <p>8:30 Coffee & Crafts RT office3</p> <p>9:00-11:00 Morning walks, breathing and relaxation in the healing gardens!</p> <p>11:00 Prayer Group 2N</p> <p>11:15 1:1 Sensory Interventions 3</p> <p>12:00 Polka Spotlight 2W</p> <p>12:00 Relaxation Music before lunch w/ Care Channel lobby/2N</p> <p>12:15 Walk & Roll to dine 2</p> <p>2:15 Snack & Social 2</p> <p>1:45 Quilting/blanket sewing, Community Service Project. 2N</p> <p>2:15 Wellness Exercise Class 3N</p> <p>2:30 Cribbage Club TBA</p> <p>3:00 Hymn Sing 3N</p> <p>3:30 Wellness Exercise Class 2W</p> <p>3:45 Mens Group or small Cognitive Grp 2N</p> <p>4:00 Sensory, Magazines, Music & More unit 3</p> <p>4:30 Music Acrostics Lobby 3</p> <p>5:00 Music Acrostics 3W</p> <p>5:15 Walk/Roll to dine 2</p> <p>5:30 Music Acrostics 3S</p> <p>5:45 One to One res room interventions. Rooms 2nd</p> <p>6:00 Table Talks dining</p> <p>7:00 Harp Relaxation Music Lobby3</p> <p>7:00 Tuesday Night at the Movies (popcorn) 2N</p> <p>7:30 Sensory books 3</p> <p>8:00 Music & magazine 3</p> <p>***Bio Step rides throughout the day 2W</p>	<p>28</p> <p>8:00 Table talks dining</p> <p>8:00 Walk to dine 2</p> <p>8:30 Coffee & Crafts RT office 3</p> <p>9:15 RT Leisure Rounds TCU</p> <p>9:15 Youth Summer Stretch Program outside</p> <p>11:30 Music Therapy Focus Group 2N</p> <p>12:00 Polka Spotlight 2W</p> <p>12:00 Relaxation Music before lunch w/ Care Channel lobby/2N</p> <p>12:15 Walk & Roll to dine 2</p> <p>2:15 Snack & Social 2</p> <p>12:30 Skyway Music with Music Therapy skyway</p> <p>12:45 1:1 Interventions 3</p> <p>2:00 Music Hour 2N</p> <p>2:15 Wellness Exercise 3N</p> <p>3:30 Living Well Dying Well 2N</p> <p>3:00 Music Therapy Group 3N</p> <p>3:45 Leisure Rounds TCU</p> <p>4:00 Magazines, Music & More Unit3</p> <p>4:30 Sunny Side of the Street 3L</p> <p>5:00 Sunny Side of the Street 3W</p> <p>5:15 Walk/Roll to dine 2</p> <p>5:30 Sunny Side of the Street 3S</p> <p>6:00 Table Talks dining</p> <p>7:00 Games and Card Night. Different Tables different cards/games 2N</p> <p>7:00 Relaxation Music and sensory 3L</p> <p>7:30 Sensory books 3</p> <p>8:00 Music & magazine 3</p> <p>***Bio Step rides throughout the day 2W</p>	<p>29</p> <p>8:00 Table talks dining</p> <p>8:00 Walk to dine 2</p> <p>8:30 Coffee & Crafts RT Office3</p> <p>9:15 Worship Service SK</p> <p>10:15 Sewing Sensory 3S</p> <p>11:00 Music Therapy Focus Group 3W</p> <p>11:00 Walks & talks 3</p> <p>11:30 Wellness Fitness Class 2N/W</p> <p>12:00 Polka Spotlight 2W</p> <p>12:00 Relaxation Music before lunch w/ Care Channel lobby/2N</p> <p>12:00 BioStep Rides 3</p> <p>12:15 Walk & Roll to dine 2</p> <p>12:30 Skyway Lunch Music skyway</p> <p>1:00 Relaxation 3 Lobby</p> <p>1:30-3:00 FUNDRAISER Res Council TBA</p> <p>2:15 Wellness Exercise Class 3N</p> <p>2:15 Snack & Social 2</p> <p>2:15 Current Events 2N</p> <p>3:00 Coffee & Cookie Social 3N</p> <p>3:45 Jug Band Practice or Sing your Heart Out 2N</p> <p>4:00 Magazines, Music & More Unit</p> <p>4:30 Brain Aerobics 3L</p> <p>5:00 Brain Aerobics 3W</p> <p>5:15 Walk/Roll to dine 2</p> <p>5:30 Brain Aerobics 3S</p> <p>5:45 One to One Resident Interventions Res Rms 2</p> <p>6:00 Table Talks dining</p> <p>7:00 Harp Music 3L</p> <p>7:00 Bingo 2W</p> <p>7:30 Sensory books 3</p> <p>8:00 Walks /talks 3</p> <p>**Eye Glass cleaning with Karen TBA</p> <p>***Bio Step rides throughout the day 2W</p>	<p>30</p> <p>8:00 Table talks dining</p> <p>8:00 Walk to dine 2</p> <p>9:15 RT Leisure Rounds TCU</p> <p>9:00 Relaxation with Care channel units</p> <p>9:30 Rosary 3W</p> <p>9:30 Well Fit Exercise Class 2W/N</p> <p>10:45 Aroma Therapy/ Spa/Manicures 2N</p> <p>9:30 Lobby Music 3L (Guitar, Piano, Base)</p> <p>10:30 Arts & Crafts 3N</p> <p>10:45 Hand Massage and Manicures TCU</p> <p>10:45 Aroma Therapy/ Spa/Manicures 2N</p> <p>11:00 Walks & talks 3</p> <p>11:15 1:1 Sensory Interventions 3</p> <p>12:00 Biostep Rides 3</p> <p>12:15 Walk & Roll to dine 2</p> <p>12:45 Memory Walks 3 Res choice</p> <p>1:30 Dairy Queen Outing for 3rd floor.</p> <p>2:00 Friday Afternoon Movie Matinee and Popcorn 3N</p> <p>2:15 Snack & Social 2</p> <p>3:00 Music and Relaxation 2N</p> <p>3:30 Housekeeping Helpers 3N</p> <p>3:45 One to One Resident Interventions. 2</p> <p>4:00 walks/talks 3</p> <p>5:15 Walk/Roll to dine 2</p> <p>6:00 Table Talks dining</p> <p>7:00 Relaxation Music 3</p> <p>7:30 Sensory books 3</p> <p>8:00 Music & magazine 3</p> <p>***Bio Step rides throughout the day 2W</p>	