

What is Physical Therapy?

Physical Therapy helps residents obtain and maintain the highest possible level of physical functioning. Treatment may focus on exercise techniques as well as strengthening and pain relief. The goal of Physical Therapy is to make daily tasks and activities easier, including walking, going upstairs and getting in or out of bed.

What is Occupational Therapy?

Occupational Therapy coaches residents on how to achieve their maximum level of ability to perform daily living tasks and activities. Occupational Therapy may focus on relearning cognitive skills or increasing independence in daily activities such as bathing, dressing and grooming.

What is Speech Therapy?

Speech Therapy helps residents improve impaired speech functions and regain their communication skills. Qualified therapists also complete an assessment and provide treatment for swallowing disorders.